

BREAKFAST & LUNCH



2017-2018  
School Year

**APRIL MENU**

Elementary &  
Jr./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>BREAKFAST:</b> Yogurt Parfaits/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Beef Nachos w/Toppings, Corn*, Green Beans, Fruit, Milk</p>	<p><b>3</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Crispy Chicken Wrap w/Toppings, Glazed Carrots, Cucumber FF, Fruit, Milk</p>	<p><b>4</b></p> <p><b>BREAKFAST:</b> French Toast Sticks/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Spaghetti &amp; Meat Sauce, Garlic Twist Breadstick, Lettuce Salad w/Grape Tomatoes, Fruit, Milk</p>	<p><b>5</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Ham &amp; Turkey Sub, Baked Beans, Baby Carrots FF, Fruit, Milk</p>	<p><b>6</b></p> <p><b>BREAKFAST:</b> Scrambled Eggs &amp; Ham/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Sloppy Joes on Bun, Crinkle Cut Fries, Broccoli, Fruit, Milk</p>
<p><b>9</b></p> <p><b>BREAKFAST:</b> Sausage*, Egg &amp; Cheese Croissant/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Breaded Pork Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>	<p><b>10</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Cheese Pizza, Lettuce Salad*, Garlic Butter Veggies, Baby Carrots, Fruit, Milk</p>	<p><b>11 1:30 EARLY OUT</b></p> <p><b>BREAKFAST:</b> Sugar &amp; Cinnamon Snack Bread/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Orange Chicken over Rice, Broccoli, Cauliflower FF, Dinner Roll, Fruit, Milk</p>	<p><b>12</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Hamburger or Cheeseburger on Bun, Crinkle Cut Fries, Baked Beans, Fruit, Milk</p>	<p><b>13</b></p> <p><b>BREAKFAST:</b> Colby Cheese Omelet/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Chicken Fajitas w/Toppings, Glazed Carrots, Fruit, Milk</p>
<p><b>16</b></p> <p><b>BREAKFAST:</b> Oatmeal with Toppings/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Chicken Nuggets, Cheesy Potatoes, Broccoli, Dinner Roll, Fruit, Milk</p>	<p><b>17</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Walking Tacos, Black Bean Salsa Salad*, Corn, Baby Carrots FF, Fruit, Milk</p>	<p><b>18</b></p> <p><b>BREAKFAST:</b> Iced Long John/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Creamed Chicken over Biscuit* and/or Mashed Potatoes, Glazed Carrots, Tea Roll(E), Fruit, Milk</p>	<p><b>19</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Corn Dogs, Baked Beans, Crinkle Cut Fries, Radish FF*, Fruit, Milk</p>	<p><b>20</b></p> <p><b>BREAKFAST:</b> Scrambled Eggs &amp; Sausage Links/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Salisbury Steak, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>
<p><b>23</b></p> <p><b>BREAKFAST:</b> Bacon Scramble Breakfast Pizza/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Breaded Chicken Patty on Bun, Potato Wedges, Broccoli, Fruit, Milk</p>	<p><b>24</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Lasagna, Garlic Twist Breadstick, Lettuce Salad w/Grape Tomatoes, Glazed Carrots, Fruit, Milk</p>	<p><b>25 1:30 EARLY OUT</b></p> <p><b>BREAKFAST:</b> Yogurt Parfaits/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Cheddarwurst on Bun, Chips*, Baked Beans, Cucumber FF, Fruit, Milk</p>	<p><b>26</b></p> <p><b>BREAKFAST:</b> Muffin/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Beef Tacos, Corn*, Refried Beans, Baby Carrots, Fruit, Milk</p>	<p><b>27</b></p> <p><b>BREAKFAST:</b> Pancakes/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Popcorn Chicken, Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk</p>
<p><b>30</b></p> <p><b>BREAKFAST:</b> Sausage &amp; Pancake Breakfast Stick/Toast/Cereal, Fruit, Juice, Milk</p> <p><b>LUNCH:</b> Grilled Cheese Sandwich, Tomato Soup, Cottage Cheese, Broccoli, Fruit, Milk</p>	<p><b>SALAD BAR AVAILABLE DAILY AT THE JR./SR. HIGH SCHOOL</b></p>			

All bread/buns are whole grain-rich  
All milk is 1% low-fat or fat-free

**MENU SUBJECT TO CHANGE**

© 2017-18 Northwood-Kensett CSD. This institution is an equal opportunity provider.

\* = Jr./Sr. High only, E = Elementary only  
FF = Finger Foods